

Change your mind, Change your life

LifeMind

PRIVATE COUNSELING - COACHING - WORKSHOPS

Strategies & Training for Self-Improvement

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Mission Statement:

LifeMind is dedicated to the liberation and realization of the self. And that by doing so individuals can come to access their true potential for living well in every area that is important to them. By helping people improve who they are by using the greatest tool available, their own minds, to experience the miracle of daily living without suffering or confusion. LifeMind is ultimately dedicated to the goal of a spiritual awareness for every one of all faiths and non faiths alike who desire change and improvement throughout their lives. These individuals recognize that change and improvement is a life long journey and are likewise dedicated to it not just today, but tomorrow also.

*"All that we are is the result of what we have thought.
The Mind is everything. What we think, we become."*

--Buddha

www.LIFE-MIND.com

661-299-1966 Scott@Life-Mind.com

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APPLICATION, PERSONAL DATA RECORD AND RELEASE

To: **LIFEMIND**

Name: _____ Sex: F M

Date of Birth: _____

Street: _____ City: _____ Zip Code: _____

Home: _____ Work: _____ Cell: _____

Email _____

Occupation: _____

Marital Status: _____

Spouse's Name: _____

Name and Phone Number of Close Friend or Relative to Contact in an Emergency:

Name	Relationship to you	Phone
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How did you hear about my services? _____

Please list what you wish to accomplish through the use of my services.

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DISCLOSURE OF SERVICES

In recognition that millions of Californians receive a substantial volume of healthcare services from complementary and alternative health care practitioners, California Law allows access by California residents to complementary and alternative healthcare practitioners who are not providing services that require medical training and credentials. The following disclosure is provided in compliance with Section 2053.6 of the California Business and Professions Code.

The purpose of a program of hypnotherapy & Personal-Coaching and/or Addiction Counseling is for vocational and avocational self-improvement (Business and Professions Code 2908) and as alternative or complementary treatment to healing arts services licensed by the state. A hypnotherapist/Personal Coach is not a licensed physician or psychologist and hypnotherapy services are not licensed by the State of California. Services are non-diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures. Addiction Counseling is licensed by the state and all confidentiality laws do apply to those programs. As a counselor I am bound to adhere to the Code of Ethics and Moral Standards established within my industry, similar, if not exceeding, those of other mental health professionals.

Hypnosis works with the power of the subconscious mind to change habits and behaviors. The subconscious mind is considered to be the source or root of many of our behaviors, emotions, attitudes and motivations. Hypnosis is believed to be a powerful tool for accessing the subconscious mind and creating improvements in our lives. Life-Coaching works with cognitive methods to arrive at solutions to solve problems, guide life-decisions, and attain higher awareness and effective understanding. Counseling incorporates all modalities to help people move through recovery and to break the hold of compulsive behaviors, thoughts and life-styles that impede an individual's ability to live a healthier existence.

Services consist of a program of conditioning, including an undetermined number of private sessions, depending on the client's individual needs. The hypnotist will to the best of his or her ability endeavor to accomplish the objectives of the client's sessions. While hypnosis may be an effective technique for many purposes, the effectiveness may vary from individual to individual, and no specific results or progress can be promised or guaranteed.

During hypnotherapy sessions, clients remain completely aware of everything that is going on. In fact, many people experience a hyper-awareness where sensations are perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while remaining completely alert.

The use of hypnosis could elicit memories of past events which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to the client.

While it is the practice of Hypnotherapists/Personal-Coaches to keep information confidential, information revealed in hypnotherapy is not subject to the psychotherapist-patient privilege. A court may order disclosure of information learned in therapy. No information can be given to a court regarding addiction counseling as all discussions are private and legally confidential as per the Hughes Act.

I have received a copy of this disclosure and understand the information described above. I have also read on the other side of this document a biography of the Hypnotherapists education, training, experience and other qualifications regarding the services to be provided.

Client Name (please print): _____

Client Signature: _____

Date: _____

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ACKNOWLEDGEMENT OF SERVICES AND FEES SUBJECT: SELF-IMPROVEMENT PROGRAM

I, the undersigned, acknowledge that I understand and agree to the following:

I agree to pay SCOTT SPACKEY, a fee of \$_____ per group/individual session.

I also agree to pay you for your services, **in full**, at the time of each session unless a separate agreement is made to carry a balance and a credit card authorization form is on file for assurance of payment.

I agree to give you 36 hours notice for all cancellations or changes of scheduled appointments. I understand, that missing a scheduled appointment without prior cancellation, or CANCELLING WITH LESS THAN 36 HOURS NOTICE WILL RESULT IN A \$_____ CANCELLATION FEE WHICH I AGREE TO PAY REGARDLESS OF WHETHER I CONTINUE TREATMENT. IF LESS THAN 6 HOURS NOTICE IS GIVEN I AGREE TO PAY THE ENTIRE SESSION AMOUNT. If legal action is required to secure payment, all legal costs, court fees and damages for time/expense out of office will be paid by the client. This amount usually exceeds \$800 in addition to the balance needed to be collected.

If you are paying for another person you are the "responsible party" and agree to the terms herein described and assume FULL responsibility for payment of services and all reschedule or cancellation fees.

I understand that the program of conditioning offered by you will include an undetermined number of private sessions, depending on my individual needs. I understand and agree that the major purpose of this program is for Vocational or Avocational Self-Improvement and those problems of psychogenic or functional origin are treated by psychological or medical referrals only (Business and Professions Code 2908). I also understand that there are no guarantees as to the results or progress to be made, only that you will, to the best of your ability, endeavor to accomplish the objective of my sessions.

Client _____ Scott A Spackey _____

Date _____ Date _____

Responsible Party _____

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Keeping your, or your child's, appt and being on time is YOUR responsibility.

My counseling services are strictly by appt. This means if you miss your appt or are late, my time is not recoverable. Without proper notice, I cannot fill the time nor offer my time to help others. I do not offer an appt confirmation service as I work alone as a personal counselor. I do try to advise people of their appts and will usually give a courtesy call if someone is 15 minutes late. If you are 10-15 minutes late, I may leave the office on an errand or tend to personal things. If you arrive late and I am not here, you are advised to call or text me and I will return as quickly as I can. I apologize for these very strict late/missing appt policies. As you can guess it is the few clients that are consistently late or absent that make these policies necessary. You can do your part to reduce or eliminate them by giving proper notice of absence or tardiness.

There have been people in the past that agree and sign the contract but once they miss an appt and are expected to compensate for it can become critical or even angry. Please, read the contract and only sign it if you are comfortable doing so. Missed appts happen to almost everyone at some time and charging fees for missed sessions is an uncomfortable and awkward situation for me too, but it is a common and necessary part of a private counseling practice. Thank you for understanding and seeing this as a totally avoidable situation with good communication and planning.

Be well!

Scott

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